

What is AIDS?

When people get infected with HIV, their immune system gradually deteriorates. Several years to about 10 years pass without subjective symptoms, after which diseases develop which the person would naturally have suppressed with their own immune system. This state is called AIDS (Acquired Immune Deficiency Syndrome).

HIV infection

Asymptomatic stage
Several years to about 10 years

AIDS development

What are sexually transmitted infections?

This is a general term for diseases transmitted during sexual activity. There are 10 or more diseases, including syphilis and genital chlamydia. Sexually transmitted diseases can cause infertility without remarkable symptoms. In addition, sexually transmitted infections increase the risk of HIV infection.



**HIV/AIDS,
Sexually Transmitted
Infections Tests**

**Free of charge/
anonymous**



Nagoya City
052-972-2631 (8:45 to 17:30 on weekdays)

English version
Nagoya City

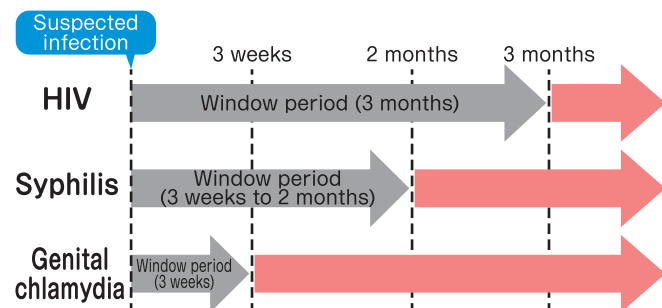
Consultations and tests on HIV / AIDS, Sexually Transmitted Infections

Q What kind of tests are provided by the City of Nagoya?

A HIV, syphilis and genital chlamydia tests are available on an anonymous basis, free of charge. Test items vary depending on the health center. Please refer to the Test Schedule for details.

Q When should I get tested?

A You should avoid "window periods(*)" as mentioned below; For HIV, after 3 months or later; for syphilis, after the period of 3 weeks to 2 months or later; for genital chlamydia, after 3 weeks or later.



* The window period is the period in which accurate test results cannot be obtained.

Q If I am found to be infected with HIV, syphilis or sexually transmitted infections, what should I do?

A Consult a doctor as soon as possible. Health centers can help you by introducing you to medical institutions, as well as issuing a reference letter to the hospital. If you are infected by HIV, face-to-face consultations are available.

If you get properly treated,

your physical condition will be stable

you can continue your work or study

you can prevent transmission to your partner

Test Schedule

● Free of charge / anonymous ● Tests are not available from December 29th to January 3rd and on public holidays. ● Interpreters are not available.



Nagoya City Official Website

There may be changes to the schedule and for how to make a reservation for tests in response to the COVID-19 pandemic. For the latest information, please check the Nagoya City Official Website or contact the health center in your ward.

Weekdays
Night time

Reservations are required for health centers with a ☉.
Reservations are not required for health centers without a ☉.

Please make a reservation for health centers with a ☉ through the two-dimensional code on the right.
Reservations : Available from 10 days prior to a test.



| Day of the week | Health center name | Reception times | | Result notification | | Test item(s) | | | Telephone number | Remarks |
|-----------------|--------------------|-----------------|----------------|---------------------|--------------|--------------|----------|-------------------|------------------|--------------------------|
| | | | | About 1 hour later | 1 week later | HIV | Syphilis | Genital chlamydia | | |
| Monday | ☉ Chikusa | Every Monday | 9:30 to 10:15 | ● | | ● | ● | | 052-753-1982 | Capacity Limit 15 People |
| | Minami | 1st Monday | 10:00 to 11:00 | | ● | ● | ● | | 052-614-2814 | |
| | Nishi | 2nd Monday | 9:30 to 10:30 | | ● | ● | ● | | 052-523-4618 | |
| | Nakagawa | 3rd Monday | 9:30 to 10:30 | | ● | ● | ● | | 052-363-4463 | |
| Tuesday | ☉ Naka | Every Tuesday | 13:45 to 14:30 | ● | | ● | ● | | 052-265-2262 | Capacity Limit 20 People |
| | Atsuta | 1st Tuesday | 9:30 to 10:30 | | ● | ● | ● | | 052-683-9683 | |
| | Higashi | 3rd Tuesday | 14:00 to 15:00 | | ● | ● | ● | | 052-934-1218 | |
| Wednesday | ☉ Nakamura | Every Wednesday | 9:00 to 9:45 | ● | | ● | ● | | 052-481-2295 | Capacity Limit 15 People |
| Thursday | Mizuho | 1st Thursday | 9:30 to 10:30 | | ● | ● | ● | | 052-837-3264 | |
| | Minato | 2nd Thursday | 9:30 to 10:30 | | ● | ● | ● | | 052-651-6537 | |
| | Midori | 2nd Thursday | 10:00 to 11:00 | | ● | ● | ● | | 052-891-3623 | |
| | ☉ Naka ☾ | 3rd Thursday | 18:00 to 19:00 | ● | | ● | | | 052-265-2262 | Capacity Limit 30 People |
| | Tenpaku | 4th Thursday | 9:00 to 10:00 | | ● | ● | ● | | 052-807-3912 | |
| | Kita | 4th Thursday | 13:30 to 14:30 | | ● | ● | ● | | 052-917-6552 | Capacity Limit 10 People |
| Friday | Moriyama | 2nd Friday | 10:00 to 11:00 | | ● | ● | ● | | 052-796-4623 | |
| | ☉ Chikusa ☾ | 2nd Friday | 18:00 to 19:00 | ● | | ● | | | 052-753-1982 | Capacity Limit 20 People |
| | Meito | 3rd Friday | 9:30 to 10:30 | | ● | ● | ● | | 052-778-3114 | |
| | Showa | 4th Friday | 9:30 to 10:30 | | ● | ● | ● | | 052-735-3964 | |

Weekend Tests (HIV/Syphilis)

Reservation required

| | Saturday | Sunday | Reservation |
|---------------------|---|--|---|
| Venue | Public Health Association Inc. 2-45-2 Koganedori, Nakamura-ku, Nagoya | 9F, Nadia Park Design Center Building (6F in August) 3-18-1 Sakae, Naka-ku, Nagoya | You may make reservations from 2 days to up to 30 days prior to an exam. (1)Website (only smartphones and tablets supported) Check here to reserve an HIV test on Saturday → Check here to reserve an HIV test on Sunday → |
| Test Dates | 1st and 3rd Saturday of every month. (Reception Hours) 14:00-16:00 | The 2nd and 4th Sundays of every month (Reception Hours) 14:00-16:00 | (2)Telephone (Monday-Friday: 8:30-17:30) |
| Result notification | About 1 hour later (Unless test results are pending) | | Public Health Association Inc. (0120-927-953) |