

## What is AIDS?

When people get infected with HIV, their immune system gradually deteriorates. Several years to about 10 years pass without subjective symptoms, after which diseases develop which the person would naturally have suppressed with their own immune system. This state is called AIDS (Acquired Immunodeficiency Syndrome).

**HIV infection**

**Asymptomatic stage**  
Several years to about 10 years

**AIDS development**

## What are sexually transmitted infections?

This is a general term for diseases transmitted during sexual activity. There are 10 or more diseases, including syphilis and genital chlamydia. Sexually transmitted diseases can cause infertility without remarkable symptoms. In addition, sexually transmitted infections increase the risk of HIV infection.

### Other Languages



日本語  
Português  
Español  
中文  
한글  
Tagalog  
Tiếng Việt  
Bahasa Indonesia



**HIV/AIDS,  
Sexually Transmitted  
Infections Tests**

**Free of charge/  
anonymous**



**Nagoya City**  
**052-972-2631** (8:45 to 17:15 on weekdays)

English version 600部

**English version**  
**Nagoya City**

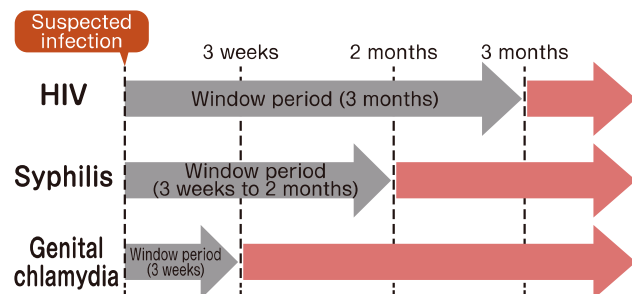
## Consultations and tests on HIV / AIDS, Sexually Transmitted Infections

### Q What kind of tests are provided by the City of Nagoya?

**A** HIV, syphilis and genital chlamydia tests are available on an anonymous basis, free of charge. Test items vary depending on the health center. Please refer to the Test Schedule for details.

### Q When should I get tested?

**A** You should avoid "window periods(\*)" as mentioned below; For HIV, after 3 months or later; for syphilis, after the period of 3 weeks to 2 months or later; for genital chlamydia, after 3 weeks or later.



\* The window period is the period in which accurate test results cannot be obtained.

### Q If I am found to be infected with HIV, syphilis or sexually transmitted infections, what should I do?

**A** Consult a doctor as soon as possible. Health centers can help you by introducing you to medical institutions, as well as issuing a reference letter to the hospital. If you are infected by HIV, face-to-face consultations are available.

**If you get properly treated,**

your physical condition will be stable

you can continue your work or study

you can prevent transmission to your partner

## Test Schedule

● Free of charge / anonymous ● Tests are not available from December 29th to January 3rd and on public holidays. ● Interpreters are not available.



Nagoya City Official Website

For the latest Information, please check the Nagoya City Official Website or contact the health center in your ward.

**Please make a reservation for health centers with a ☉ through the two-dimensional code.**

Reservations : Available from 10 days prior to a test.

### Weekdays

☾ Night time

Reservations are required for health centers with a ☉.

Reservations are not required for health centers without a ☉.

☉weekdays→



☉night time→



Day of the week	Health center name	Reception times		Result notification		Test item(s)			Telephone number	Remarks
				About 1 hour later	1 week later	HIV	Syphilis	Genital chlamydia		
Mon day	Minami	1st Monday	10:00 to 11:00		●	●	●	●	052-614-2814	
	Nishi	2nd Monday	9:30 to 10:30		●	●	●	●	<b>052-523-4616</b>	
	Nakagawa	3rd Monday	9:30 to 10:30		●	●	●	●	052-363-4463	
	Chikusa	4th Monday	9:30 to 10:30		●	●	●	●	052-753-1982	
Tues day	☉ Naka	Every Tuesday	13:45 to 14:30	●		●	●		052-265-2262	Capacity Limit 25 People
	Atsuta	1st Tuesday	9:30 to 10:30		●	●	●	●	052-683-9683	
	☉ Nakamura ☾	2nd Tuesday	18:00~18:45	●		●	●		052-433-3093	Capacity Limit 25 People
	Higashi	3rd Tuesday	14:00 to 15:00		●	●	●	●	<b>052-934-1217</b>	
Wednes day	☉ Nakamura	Every Wednesday	9:00 to 9:45	●		●	●		052-433-3093	Capacity Limit 15 People
Thurs day	Mizuho	1st Thursday	9:15 to 10:15		●	●	●	●	052-837-3264	
	Minato	2nd Thursday	9:30 to 10:30		●	●	●	●	052-651-6537	
	Midori	2nd Thursday	9:30 to 10:30		●	●	●	●	052-891-3623	
	Tempaku	3rd Thursday	9:00 to 10:00		●	●	●	●	052-807-3912	
	☉ Naka ☾	3rd Thursday	18:00 to 18:45	●		●	●		052-265-2262	Capacity Limit 25 People
Fri day	Kita	4th Thursday	13:30 to 14:30		●	●	●	●	052-917-6552	
	Moriyama	2nd Friday	10:00 to 11:00		●	●	●	●	052-796-4623	
	Meito	3rd Friday	9:30 to 10:30		●	●	●	●	052-778-3114	
	Showa	4th Friday	9:30 to 10:30		●	●	●	●	052-735-3964	

### Weekend Tests (HIV/Syphilis)

Reservation required

	Saturday	Sunday	Reservation
Venue	Public Health Association Inc. 2-45-2 Kogane-dori, Nakamura-ku, Nagoya	Nadya Park Design Center Building 9F 18-1 Sakae3-chome Naka-ku, Nagoya ※2025. August Sakae Gas Building 5F 15-33 Sakae3-chome Naka-ku Nagoya	You may make reservations from 2 days to up to 30 days prior to an exam. (1)Website (only smartphones and tablets supported)  Check here to reserve an HIV test on Saturday →  Check here to reserve an HIV test on Sunday →
Test Dates	1st and 3rd Saturday of every month. (Reception Hours) 14:00-16:00	2nd and 4th Sunday of every month (Reception Hours) 14:00-16:00	(2)Telephone (Monday-Friday: 8:30-17:30)
Result notification	About 1 hour later (Unless test results are pending)		Public Health Association Inc. (0120-927-953)